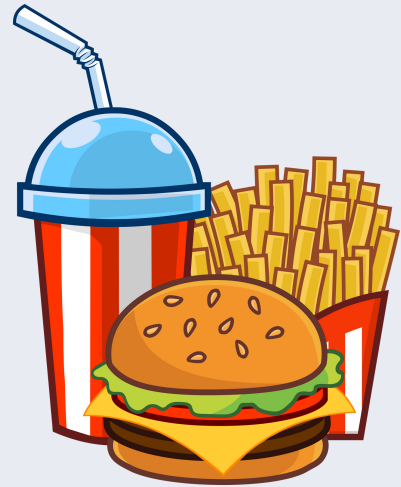


# DINNER GROUP

for Guys Ages 14-16

A fun, laid back  
group counseling experience



Are you a teenage guy who's feeling stressed? Anxious? Depressed? It might feel like you're alone, but you're not. This group is a great place to get some support in a safe, accepting, low-pressure environment with other guys your age going through similar things. And we'll DoorDash dinner from a local restaurant every week.

## WHEN?

Once/week, Thursdays 6:15-7:15pm. Our first meeting is 2/1/24. Our last meeting is on 5/2/24. We will not meet on 2/22 or 4/4 bc of school breaks. There are 12 total sessions

## WHERE?

Early Connections Child & Family Counseling  
5500 Interstate N Pkwy, Suite 400  
Sandy Springs, GA 30328

## WHO LEADS IT?

Alex Hopkins, MA, LPC, RPT  
Read more about Alex at [eccfcounseling.com/team](http://eccfcounseling.com/team)

## CONTACT US

Contact Sarah Lambert at 678-249-0072 or  
[clientcare@eccfcounseling.com](mailto:clientcare@eccfcounseling.com) for more info  
and to sign up!

**\$85 per  
Session**