

- Stress-Reduction Skills
- Building Confidence
- Finding Peer Support
- Increasing Growth Mindset

TEEN GIRLS DINNER GROUP

Atlanta Location 5500 Interstate North Parkway Suite 400 Atlanta, Georgia 30328

FEBRUARY 19TH THROUGH APRIL 22ND MONDAYS 7:00 PM TO 8:15 PM

AGES: 10TH-12TH GRADE

\$100/SESSION (DINNER INCLUDED)

ALEXANDRA CARVER MS, LAPC, NCC



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